## Welcome to Hotel La Mariposa RETREATS





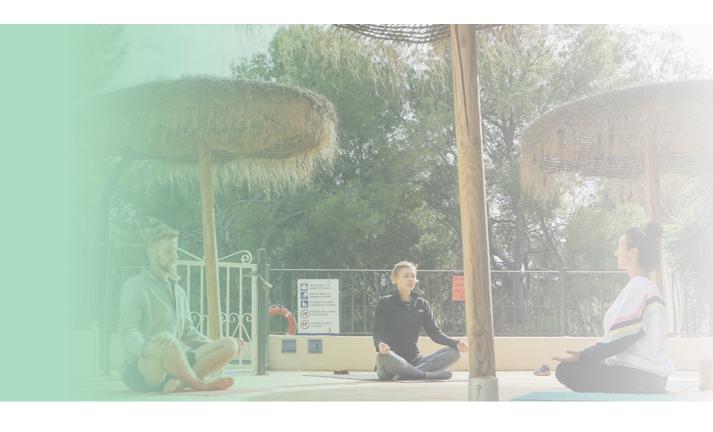


#### The new retreat launches



La Mariposa is launching a unique opportunity for Personal Trainers, Gym Owners and Yoga & Wellness Coaches to run your own retreats.

Bring your clients to countryside environments where the air is purer, the body gets stronger and, the mind, sharper.







#### Where is La Mariposa

Located at the foothills of the regional park **Sierra Espuña**, our cosy hotel is a green haven, an epitome of zen and tranquillity.

On our doorstep we have the beautiful **Barrancos de Gebas**. This breathtaking lunar type landscape is made of soft rock and clay-rich soils that have been extensively eroded by the elements over a very long period of time.









### Get to know La Mariposa 1/2

The hotel was built to the standards of a 3-star hotel with **rustic and rural** decor, where all rooms are equipped with an air-con, a ceiling fan, a mini fridge, a kettle with a selection of teas/coffee.

There are 9 rooms in total comprising 5 double/twin, 2 family rooms (each with 2 separate bedrooms, a double and a twin room), and a Junior Suite, all en-suite and all with a different theme in mind.



All flights to be booked by clients to Alicante Airport, Spain.









#### Get to know La Mariposa 2/2



- The hotel has an indoor restaurant and bar and an outdoor terraced dining area.
- There is also an **outdoor swimming pool** with a plan in place to turn it into a heated sea water infinity pool.
- Extensive work has been done to restore the gardens to their natural beauty and bring back the famous butterflies.
- A **new yoga and meditation terrace** has been built so that customers can sit and take in one of many spectacular mountain views.







#### What we offer the P.T.

When a minimum of 10 (ten) clients have booked the retreat, you'll receive from us\*:



£100 towards your return flight cost and Alicante airport transfers.

6 (six) night stay at Hotel La Mariposa, free of charge.

Buffet style breakfast, lunch & dinner, free of charge.

2 (two) Espuña
Adventures activities
selected from an
available list.

Full use of the facilities and exercise equipment to train your clients.

A £50 payment per client will be made to you upon completion of the retreat.

\*Contact the Retreats team for more info on prices.







#### What we offer your clients for the price package\*



Airport transfers in Spain (Alicante airport).

6 (six) night stay at Hotel La Mariposa. Healthy buffet style meals including breakfast, lunch and dinner.

2 (two) activities from Espuña Adventures selected from an available list.

All training sessions delivered by your P.T.

All flights to be booked by clients to Alicante Airport, Spain.

\*Contact the Retreats team for more info on prices.







We have teamed up with **Espuña Adventures** to offer you 2 (two) midweek activities of your choice from the list below:

- Quad biking
- Downhill mountain biking
- Kayaking
- River rafting
- Archery
- Guided walks and hikes



Check this link for more information on these activities.





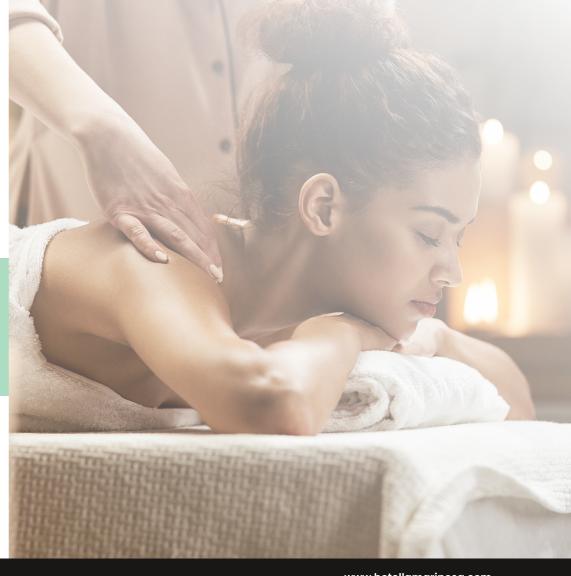


#### Masseusse **Session**

Hotel La Mariposa will also have a masseuse at hand if any clients wish to use her services.

This will be at an extra cost and will be booked and paid for before the retreat.









#### Contact **Us**



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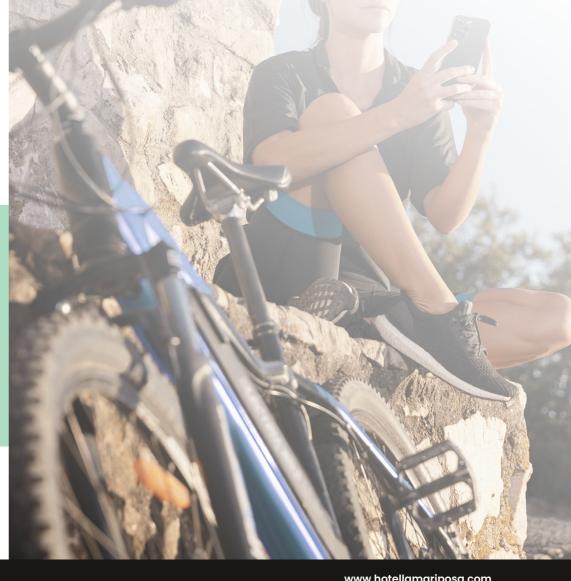






www.hotellamariposa.com







# Thank You!

